

# September

2016

## Young Scholars Learning Academy

## Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
5 <b>CENTER CLOSED!</b>	6 Jr. Bean Burrito Steamed Brown Rice Shredded Lettuce QC Vegetable Blend Applesauce Soft Flour Tortilla	7 Rotini Pasta & Meat Sauce Baby Carrots House made Ranch Banana Wheat Bread	8 BBQ Chicken Diced Sweet Potatoes Peas Fresh Apple Rye Bread	9 Hamburger Au Jus Ketchup Broccoli Fresh Orange Mini Wheat Hamburger Bun
12 Meatball Marinara Penne Pasta Green Beans Fresh Apple Wheat Bread	13 Fiesta Chicken Diced Parsley Potatoes Spanish Black Beans Cinnamon Applesauce Wheat Dinner Roll	14 Popcorn Chicken Ketchup Tomato Wedge Fresh Pear Rye Bread	15 Turkey Hot Dog House Made Ketchup Penne Pasta Peas and Carrots Fresh Orange Hot Dog Bun	16 Chicken and Rice Bake Diced Carrots Tropical Fruit Wheat Bread
19 Parmesan Noodles with Chicken Peas & Carrots Fresh Apple Wheat Bread	20 Beef Taco Shredded Lettuce Shredded Cheddar Cheese Refried Beans Fresh Orange Soft Flour Tortilla	21 Turkey Sub Sandwich Mustard Shredded Lettuce Cucumber Salad Banana Italian Sub Bread	22 Chicken Tenders BBQ Dip Steamed Brown Rice Broccoli Pineapple Chunks	23 Spaghetti and Meatballs Marinara Sauce QC Vegetable Blend Applesauce Wheat Bread
26 Chicken Cacciatore Penne Pasta Broccoli Applesauce Wheat Dinner Roll	27 Meatballs Au Jus Diced Parsley Potatoes Corn Banana Rye Bread	28 Popcorn Chicken BBQ Dip Shell Pasta Yellow Squash Coins House Made Ranch Fresh Orange	29 Chicken Taco Shredded Lettuce Shredded Cheddar Cheese 3 Way Vegetable Blend Tropical Fruit Soft Flour Tortilla	30 Pancakes & Turkey Sausage Syrup Diced Parsley Potatoes Fresh Apples