

October

2016

Young Scholars Learning Academy

Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3 Parmesan Noodles with Chicken Winter Blend Veggies Diced Pears Rye Bread	4 Chicken Taco Shredded Lettuce Shredded Cheddar Cheese Peas & Carrots Fresh Apple Soft Flour Tortilla	5 Rotini Pasta & Meat Sauce Baby Carrots House made Ranch Pineapple Wheat Bread	6 BBQ Meatballs Diced Parsley Potatoes Corn Banana Italian Bread	7 Chicken Teriyaki Steamed Rice 3 Way Vegetable Blend Tropical Fruit Wheat Dinner Roll
10 Fiesta Chicken Steamed Rice Peas Pineapple Chunks Wheat Bread	11 Turkey Hot Dog Ketchup Parmesan Seasoned Potatoes Green Beans Fresh Orange Hot Dog Bun	12 Shells & Cheese Broccoli Fresh Pear Rye Bread	13 BBQ Chicken Diced Sweet Potatoes Corn Applesauce Wheat Dinner Roll	14 Jr. Bean Burrito Steamed Rice Shredded Lettuce Diced Carrots Fresh Apple
17 BBQ Meatballs Diced Sweet Potatoes Corn Tropical Fruit Rye Bread	18 Popcorn Chicken Ketchup Diced Carrots Fresh Apple Wheat Dinner Roll	19 Pizza Noodle Bake Green Beans Diced Pears Wheat Bread	20 Chicken & Rice Bake Winter Blend Veggies Banana Rye Bread	21 Chicken Patty Sandwich BBQ Dip QC Vegetable Blend Fresh Orange Mini Wheat Hamburger Bun
24 Chicken in Country Gravy Pasta Salad Peas and Carrots Pineapple Chunks Rye Bread	25 Macaroni & Cheese Broccoli Banana Wheat Bread	26 Italian-Style Chicken Confetti Polenta QC Vegetable Blend Tropical Fruit Italian Bread	27 Pancakes w/ Turkey Sausage Syrup Diced Parsley Potatoes Fresh Pear	28 Spaghetti & Meatballs in Marinara Sauce Winter Blend Veggies Fresh Orange Wheat Dinner Roll